

EWING SENIORS (SEPTEMBER 2023 PROGRAMS)
ALL PROGRAMS HELD AT HOLLOWBROOK COMMUNITY CENTER
320 HOLLOWBROOK DR, EWING NJ 08638

♦ **MONDAY'S**

10:00 AM Exercise- **Karen Martin**

12:00 PM Tech/Trends For Seniors 2nd and 4th Monday of the Month

1:00 PM Jewelry/Craft-**Anne's**

♦ **TUESDAY'S**

10:00 AM Exercise- **Karen Martin**

12:30 PM Bible Study

12:30 PM Bingo

1:00 PM Senior Scholars

♦ **WEDNESDAY'S**

9:30 AM Knitting/Crochet

9:00 AM Chair Yoga- **Lisa Caruso**

1:00 PM Mexican Train

10:30-1PM Water Color- **Ally Lyons** Mercer County Library– Ewing Branch

2:00 PM Mahjonn- **Christine Kamph** (Beginners class starts 9/13 for 6wks)

♦ **THURSDAY'S**

10:00 AM Exercise- **Karen Martin**

1:00 PM Pinochle– Mercer County Library –Ewing Branch

1:00 PM Rummikub

1:00 Balance Class- **Bob Kirby**

1:00 Bid Whist

1:30 Learn Chrome/OS

♦ **FRIDAY'S**

9:30 AM Line Dancing– **Joanne Keephart**

12:30 PM Circuit Training– **Jeff Prunetti** (\$5 session)

SENIOR CITIZEN ADVISORY COMMISSION (SCAC)

3RD THURSDAY OF THE MONTH

—General Body 10:00AM—

Meeting is open to the public.

CLUBS:

- Live Wires 11AM (2ND Thursday of the month) RM# 201-202
- Busy C's 11AM (3RD Tuesday of the month) RM# 201-202
- Club D 11AM (1ST Thursday of the month) RM# 201-202
- HB Seniors 1PM (2ND Friday of the month) RM# 201-202

MERCER COUNTY NUTRITION

Seniors 60 and older or anyone married to a person 60 and older is welcome to participate in the nutrition program. The program is located at Hollowbrook Community Center. A person is asked to donate a \$1. Your donation is confidential. A delicious balance meal is served.

SENIOR PICNIC SEPTEMBER 7TH

12-2PM @ ESCC PATIO (RAIN) HB

PERFORMING –JOE GRILLO

\$5PP TICKETS AVAILABLE SENIOR OFFICE

Register for all programs ages 60 and older Ewing Residents:

Hollowbrook Community Center

2nd Floor Rm# 207 Senior Office

320 Hollowbrook Drive

Ewing, NJ 08638

609-883-1776