

EWING SENIORS

JULY 2019

EWING SENIOR CLUB "D" NEWSLETTER

Our June luncheon at the Villa Rosa restaurant was attended by 23 members, and it was enjoyed by all. Thank you Pat Wojciechowski for arranging the luncheon.

Joanne Barry has one more bus trip planned in 2019: Doolan's Shore Club on Wednesday, October 23, with the "Tribute to Frankie Valli and the Four Seasons." The show includes lunch. The cost is: \$65. For tickets and reservations, please call Joanne Barry at 609-895-1454 for information. A \$20 deposit is required to hold a seat, and only refunded if a replacement is made.

There is no Club D meeting for the months of July and August. We will resume our meetings in September. Have a great summer, and try to attend our future Club D meetings, so as to keep you informed with your Club D.

END OF SUMMER SENIOR PICNIC

Happy Birthday

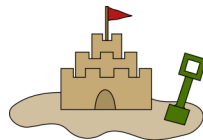
Club D July Birthdays

Mary Smith—7/14

Ingrid Wieczorek - 7/19

Club D August Birthday

Dorothy Paulaski



On Thursday, August 8th at 11 am (weather permitting), we will be on the patio area of the Ewing Senior and Community Center, 999 Lower Ferry Road, Ewing New Jersey. There will be delicious food and entertainment.

Make reservations in advance at the Ewing Senior and Community Center, Room 204; 999 Lower Ferry Road, Ewing, New Jersey 08628. Call 609-883-1776 for additional information. Cost per person: Ewing residents is \$7 or \$12.00 a couple. Non-resident admission price is \$12.00 per person.



Happy 4th of July!



OFFICERS AND SENIOR OFFICE TEAM

CLUB A

PRES.– JACKIE ANDERSON –771-3684

1ST VICE - SANDI MULLANY - 571-7972

SECRETARY - SHIRLEY CSERSEVITS -883-4060

TRAVEL– JANE NOTTA - 882-5380

TREA.– JANE NOTTA - 882-5380

MEMBERSHIP– BILL JOHNSON - 882-7766

CORR. SEC. - RUTH MAYER

LIVE WIRES

PRES. - MARY BOCK -609-882-0704

VICE PRES. -

TREASURER - SUSANNE VENCELLER - 882-6197

SECRETARY - CAROL FLANDERS - 882-4915

CHAPLAIN - DOLORES DE BLASIO –882-6637

SUNSHINE - LINDA SOLINSKI - 883-0305

MEMBERSHIP -

TRAVEL - NANCY HOWARTH –609-587.5014

BUSY C'S

PRES. - SYLVIA CARROLL

VICE PRES.– MARGE SWANHART

SEC.– SALLY HOUGHTON

COR. SEC.– MARY LOU WEYAND

TREASURER– DIANE IONATA

CHAPLAIN - MARTHA GLAHN

TRAVEL - ROSEMARY SHANGLE - 609-403-6144

DOLORES SEBESTO— 609-882-5085

HOSPITALITY - KITTY ELDER—882-6370

CLUB D

PRES.– RALPH CSOGI

V. PRES.— EDWARD SMITH

SEC. BLANCHE FARBER

TREASURER - BARBARA MONINGHOFF

TRAVEL– JOAN BARRY

CORR. SEC.– JENNIE MARUCA-882-5985

MEMBERSHIP - RALPH CSOGI

CHAPLAIN – ED SMITH

HOLLOWBROOK SENIORS

PRES– FLORINE WARNER - 609-882-9324

V.PRES.-MARION FRAMBROUGH-609-530-1826

REC. SEC.— LORRAINE D. HALL-609-882-7564

ASST. REC. SEC. ROBERTA SUMNERS –609-882-0163

TREAS.-MARIAN BURROUGHS-609-882-1393

FINANCIAL SEC.– DAISY INMAN–609-695-5569

CHAPLAIN– DORA SMITH - 609–882-2254

EWING SENIOR OFFICE TEAM

OFFICE: 609-883-1776 X 6205

J. C. SPANN - SUPERVISOR—X-6206

KATHLEEN RAGOONATH—COMMUNITY RECREATION
LEADER— X 6205

ANNE CHESLOCK– SECRETARY -X 6216

JUSTIN LATINI-VAN DRIVER/COORDINATOR

609-498-4931

NEWSLETTERS CAN BE FOUND ON THE TOWNSHIP'S WEB PAGE

GO TO: WWW.EWINGNJ.ORG

CLICK ON *DEPARTMENTS*, *COMMUNITY AFFAIRS*, AND THEN SENIOR NEWSLETTER.

Busy “C’s” Newsletter

We had a short meeting on June 18, 2019 as this was our annual picnic day and last meeting for summer recess.

Martha Glahn said the prayer and led us in Flag Salute. She also led us in the singing of “God Bless America.”

Due to inclement weather, we held our picnic inside. Thanks to Jeanette and her Staff, a canopy was set up outside covering the grill, so our Grill Masters, Russ Martorana and Angie Martorana, could cook our delicious Burgers and Hot Dogs.

Sylvia Carroll thanked everyone who donated salads and drinks. We welcomed back Diane Lindgren, who was recovering from hip surgery.

Our Birthday Gal was Karen Copper. We sang and wished her a “Great Birthday!”

Everyone was wished a really safe summer and they enjoyed the picnic.

See you all in September!!!

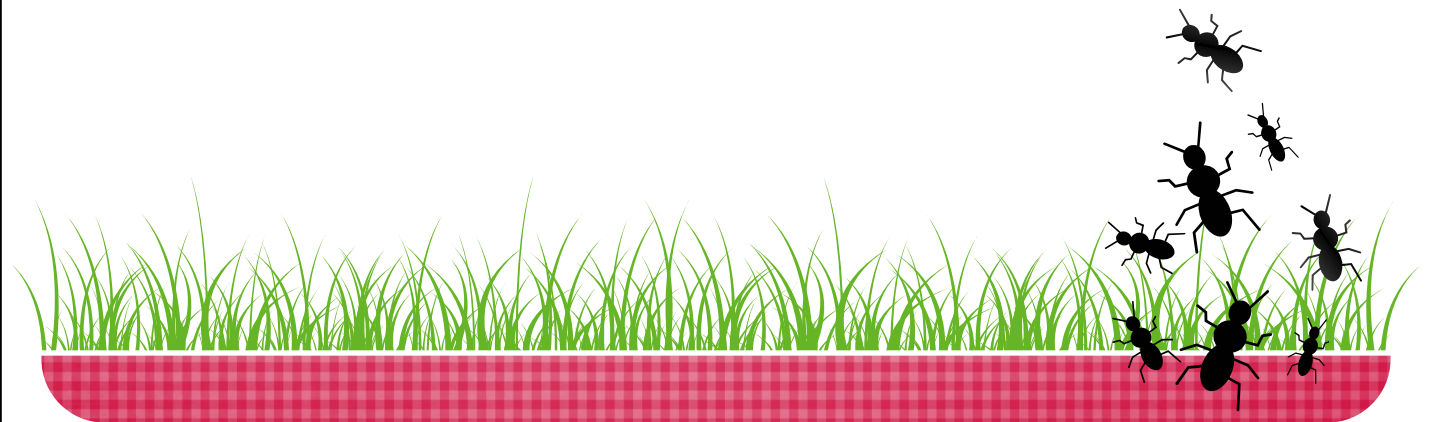
Club A News

The regular monthly meeting of Club A was held on Wednesday, June 19, 2019, at the Revere Restaurant, on River Road in Ewing. Twenty (20) members were in attendance.

In lieu of our monthly, we celebrated the annual anniversary of the club. All who attended had a good time...good food...good fellowship!

It was great to see Rosalie, who had been ill for some time.

Looking forward to seeing all of you in September. Here’s wishing members and their families a safe, healthy and happy summer!!!



Birthday Celebration

HOLLOWBROOK SENIORS

JULY - 7/28 - Lillian Davis

7/30 - Linda Carmichael

AUGUST – 8/17 –Florence Warner



Ewing Seniors' End of Summer Picnic

Thursday, August 8, 2019; 11 am

Ewing Senior & Community Center

999 Lower Ferry Road

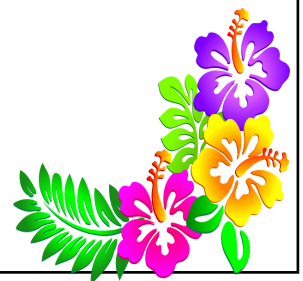
Ewing, New Jersey 08628

Cost: \$7.00 per person and \$12 per couple

Non - Residents: \$12 per person

Contact Senior Office at 609-883-1776

for additional information



Club A Trip
Tuesday, November 26, 2019
American Music Theatre
“Christmas 2019”

Cost: \$ 65.00

Departure: 9:30 AM—Lunch will be at Shady Maple

Contact: Jane Notta at 609.882.5380, for additional information.

Club D—Travel
Doolan’s Shore Club



“Tribute to Frankie Valli and the Four Seasons” show

Wednesday, October 23, 2019

Cost is \$65.00 per person

For tickets and reservations, please call Joanne Barry at 609-895-1454. A \$20.00 deposit is required to hold a seat and only refunded if a replacement is made.

Financial Look at Senior Housing



Wednesday, September 25, 2019

11:00 AM

Ewing Senior Center

999 Lower Ferry Road

Ewing, NJ 08628

Join Hilary Murray, Director of Community Relations at Brandywine




Living at Pennington, for a presentation that addresses the services, programs and fees associated with different types of senior housing.

A Q&A session will follow, as well as a look at senior housing available in Mercer County. We will also cover the role Medicaid plays in assisted living and long term care, and how it differs from Medicare.

Registration required. Call the Senior Office at 609-882-1776 on or before September 20th. Refreshments will be served.

MERCER COUNTY NUTRITION LUNCHES

July 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 STUFFED CABBAGE (beef) JUICE MASHED POTATOES SPINACH SALAD W/BALSAMIC VINAIGRETTE WHOLE WHEAT BREAD NECTARINE	2 CHICKEN TETRAZZINI JUICE EGG NOODLES PEAS & PEARL ONIONS RYE BREAD OATMEAL COOKIE	3 Fourth of July Special menu BEEF HOT DOGS (2) W/(2each) KETCHUP, MUSTARD AND RELISH JUICE BAKED BEANS COLESLAW HOT DOG BUNS (2) DIXIE CUP OF ICE CREAM	4  FOURTH OF JULY HOLIDAY NUTRITION SITES CLOSED	5 FRIED CHICKEN/ NO GRAVY CORN CHOWDER VEGETABLE RICE SNAP PEAS WHOLE WHEAT BREAD SWEET POTATO PIE
8 Birthday Celebratory Menu MEATBALLS (beef) W/TOMATO SAUCE & PARMESAN CHEESE JUICE PENNE PASTA W/TOMATO SAUCE & PARMESAN CHEESE GREEN BEANS ITALIAN BREAD BLACK & WHITE COOKIES	9 Super Tuesday (SOUP & SANDWICH) TUNA SALAD W/ LETTUCE LEAF & EXTRA MAYO PACKET TURKEY RICE SOUP CORN AND PEPPERS TOMATO/CUCUMBER SALAD RYE BREAD (2) SLICED PEACHES	10 SLICED LOIN OF PORK W/APPLE GRAVY JUICE SWEET POTATO CHUNKS CAULIFLOWER WHOLE WHEAT BREAD OREO COOKIES	11 STUFFED CHICKEN WITH HAM & SWISS CHEESE JUICE CONFETTI RICE ITALIAN BLEND VEGETABLES PUMPERNICKEL RYE SWIRL BREAD MANDARIN ORANGES	12  CRAB CAKE W/TARTAR SAUCE NAVY BEAN SOUP MACARONI & CHEESE STEWED TOMATOES DINNER ROLL FRESH APPLE
15 ROASTED TURKEY W/GRAVY JUICE MASHED SWEET POTATOES CARROT COINS WHOLE WHEAT BREAD ORANGE SHERBET	16 Advisory Council @ East Windsor CHICKEN PARMESAN W/MOZZARELLA CHEESE, TOMATO SAUCE & PARMESAN CHEESE JUICE SPAGHETTI W/TOMATO SAUCE SAUTEED ZUCCHINI SLICES ITALIAN BREAD CHOCOLATE PUDDING	17 CHICKEN SALAD W/LETTUCE LEAF & EXTRA MAYO PACKET MINESTRONE SOUP MACARONI SALAD BEET & ONION SALAD WHOLE WHEAT HAMBURGER BUN JELLO	18 LOW SALT HOT HAM JUICE TATER TOTS W/KETCHUP BUTTERNUT SQUASH RYE BREAD PINEAPPLE TIDBITS	19 Fitness Friday A SALAD WITH CHOPPED TURKEY & PROVOLONE CHEESE, ROMAINE LETTUCE, CROUTONS, DRIED CRANBERRIES AND CUCUMBER SLICES W/ BALSAMIC VINAIGRETTE SPLIT PEA SOUP SUN CHIPS DINNER ROLL TANGERINE
22 BREADED CHICKEN PATTY W/ MAYO & KETCHUP & LETTUCE LEAF JUICE PENNE W/GARLIC AND PARMESAN CHEESE TOMATO SLICES WHOLE HAMBURGER BUN FRUIT COCKTAIL	23 SALISBURY STEAK W/BROWN GRAVY JUICE RED POTATO WEDGES FLAT ITALIAN GREEN BEANS WHOLE WHEAT BREAD ICE CREAM SANDWICH	24 ITALIAN SAUSAGE (pork) W/TOMATO SAUCE & PARMESAN CHEESE ROASTED CHICKEN VEGETABLE SOUP POTATO SALAD PEPPERS AND ONIONS CLUB ROLL GRAHAM CRACKERS	25 CHICKEN POT PIE JUICE SPINACH SALAD W/CARROTS, TOMATO & PARMESAN CHEESE LITE ITALIAN DRESSING MUFFIN STRAWBERRY YOGURT	26 EGG SALAD W/ LETTUCE LEAF BEFF & BARLEY SOUP SPIRAL PASTA SALAD SLICED TOMATO RYE BREAD (2) RICE PUDDING
29 BEEF & BROCCOLI W/TERIYAKI SAUCE JUICE LO MEIN NOODLES W/TERIYAKI SAUCE ORIENTAL VEGETABLES RYE BREAD BROWNIE	30 BAKED ZITI W/MEAT SAUCE (beef) LENTIL SOUP BROCCOLI ITALIAN BREAD GRANOLA BAR	31 ITALIAN "SUB" W/ HAM, SALAMI, CHEESE & MAYO JUICE INDIVIDUAL POTATO CHIP BAGS SHREDDED LETTUCE & TOMATO SLICE CLUB ROLL CHOCOLATE CHIP CRÈME COOKIE	 BRIAN M. HUGHES COUNTY EXECUTIVE	DAILY MEAL INCLUDES: MILK, MARGARINE AND HOT BEVERAGE MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

JULY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ESCC EWING SENIOR CENTER & COMMUNITY CENTER 609-883-1776 <hr/> J.C. SPANN SUPERVISOR SR. DIVISION 609-883-1776 X 6206	1 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 SENIOR SWIM- ESCC 10:00 EXERCISE- ESCC 1:00-3PM BINGO	2 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 KNITTING 9:30 SENIOR SWIM- ESCC 9:30 EXERCISE- HB 10:00 PINOCHLE 1:00 RUMMIKUB	3 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:00 WATERCOLOR/ART 9:30 SENIOR SWIM- ESCC 1:00 JEWELRY/CRAFT	4 INDEPENDENCE DAY SENIOR CENTER CLOSED	5 8:30 POOL SHARKS 9:30-11 LINE DANCING 9:00 SENIOR SWIM- HB 9:30 SENIOR SWIM- ESCC (NO INSTRUCTOR) 1:00 MAHJONG	6 9:15-5PM POOL SHARKS 9:15-10:15 RM 201-201 ACTIVE CHAIR YOGA- HB
7 SENIOR CENTER CLOSED EXCEPT FOR POOL SHARKS 9:15-5PM	8 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 SENIOR SWIM- ESCC 10:00 EXERCISE- ESCC 1:00-3PM BINGO	9 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 KNITTING 9:30 SENIOR SWIM- ESCC 9:30 EXERCISE- HB 10:00 PINOCHLE 1:00 RUMMIKUB	10 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:00 WATERCOLOR/ART 9:30 SENIOR SWIM- ESCC 12:30 SUMMER BIBLE CLASS 1:00 JEWELRY/CRAFT	11 CLC BRD RM 2:00PM 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 SENIOR SWIM- ESCC 10:00 EXERCISE- HB 12:30 PINOCHLE 1:00 BID WHIST 10-2PM PRAB	12 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 SENIOR SWIM- ESCC 9:30-11 LINE DANCING 1:00 MAHJONG	13 9:15-5PM POOL SHARKS 9:15-10:15 RM 201-202 ACTIVE CHAIR YOGA- HB
14 SENIOR CENTER CLOSED EXCEPT FOR POOL SHARKS 9:15-5PM	15 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 SENIOR SWIM- ESCC 10:00 EXERCISE- ESCC 1:00-3PM BINGO	16 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 KNITTING 9:30 SENIOR SWIM- ESCC 9:30 EXERCISE- HB 10:00 PINOCHLE 1:00 RUMMIKUB	17 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:00 WATERCOLOR/ART 9:30 SENIOR SWIM- ESCC 12:30 SUMMER BIBLE CLASS 1:00 JEWELRY/CRAFT	18 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 SENIOR SWIM- ESCC 10:00 EXERCISE- ESCC 12:30 PINOCHLE 1:00 BID WHIST 10-2PM PRAB	19 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 SENIOR SWIM- ESCC 9:30-11 LINE DANCING 1:00 MAHJONG	20 9:15-5PM POOL SHARKS 9:15-10:15 RM 201-202 ACTIVE CHAIR YOGA- HB
21 SENIOR CENTER CLOSED EXCEPT FOR POOL SHARKS 9:15-5PM	22 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 SENIOR SWIM- ESCC 10:00 EXERCISE- ESCC 1:00-3PM BINGO	23 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 KNITTING 9:30 SENIOR SWIM- ESCC 9:30 EXERCISE- HB 10:00 PINOCHLE 1:00 RUMMIKUB	24 CLC STAFF MTG 10:30 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:00 WATERCOLOR/ART 9:30 SENIOR SWIM- ESCC 12:30 SUMMER BIBLE CLASS 1:00 JEWELRY/CRAFT	25 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 SENIOR SWIM- ESCC 10:00 EXERCISE- ESCC 12:30 PINOCHLE 1:00 BID WHIST 10-2PM PRAB	26 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 SENIOR SWIM- ESCC 9:30-11 LINE DANCING 1:00 MAHJONG	27 9:15-5PM POOL SHARKS 9:15-10:15 RM 201-202 ACTIVE CHAIR YOGA- HB
28 SENIOR CENTER CLOSED EXCEPT FOR POOL SHARKS 9:15-5PM	29 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 SENIOR SWIM- ESCC 10:00 EXERCISE- ESCC 1:00-3PM BINGO	30 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:30 KNITTING 9:30 SENIOR SWIM- ESCC 9:30 EXERCISE- HB 10:00 PINOCHLE 1:00 RUMMIKUB	31 8:30 POOL SHARKS 9:00 SENIOR SWIM- HB 9:00 WATERCOLOR/ART 9:30 SENIOR SWIM- ESCC 12:30 SUMMER BIBLE CLASS 1:00 JEWELRY/CRAFT	HB-HOLLOWBROOK COMMUNITY CENTER 320 HOLLOWBROOK DR EWING, NJ 08628	MERCER COUNTY NUTRITION PROGRAM MS. WANDA 320 HOLLOWBROOK DR EWING, NJ 08628 609-883-4150	TRANSPORT JUSTIN LATINI 609-498-4931 TRADE 609-530-1971