

EWING SENIORS

MARCH

Live Wires

Mary Bock, President called this meeting to order on Tuesday, February 5, 2019.

The Treasurers Report– n/a

Sunshine – Linda Solinski sent cards to Maggie Bredbenner and Terry Sodomini. Linda thanked us for all cards she received.

Travel - Nancy Howarth, Chairman reported a trip to Hunterdon Hills to see Over the River and through the Woods in May/June. All seemed interested.

Birthdays - March 1, Linda Solinski, March 14, Mary Bock and March 24, Mary Ciskowski

20 Members present today. We have 2 new members, Linda Chung and Karen Knight as well as Bill Bredbenner who was not present at this meeting.

New Business – Dues of \$10 was collected.

We will not have birthday drawings. We will have a 50/50 with only one winner each month. Suzanne won this time. We will have 3 cakes each month, Carol will call.

We will have a new membership list next meeting.

Any suggestions for speaker let us know.

We will meet first Tuesday each month at 11AM

Carol Flanders, Secretary



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CLUB OFFICERS & OFFICE STAFF

CLUB OFFICERS & OFFICE STAFF

CLUB A

PRES.– JACKIE ANDERSON –771-3684

1ST VICE - SANDI MULLANY - 571-7972

SECRETARY - SHIRLEY CSERSEVITS -883-4060

TRAVEL– JANE NOTTA - 882-5380

TREA.– JANE NOTTA - 882-5380

MEMBERSHIP– BILL JOHNSON - 882-7766

CORR. SEC. - RUTH MAYER

LIVE WIRES

PRES. - MARY BOCK

VICE PRES. - RITA RIGBY - 609.882.4090

TREASURER - SUSANNE VENCELLER - 882-6197

SECRETARY - CAROL FLANDERS - 882-4915

CHAPLAIN - DOLORES DE BLASIO –882-6637

SUNSHINE - LINDA SOLINSKI - 883-0305

MEMBERSHIP - RITA RIGBY—609-882-4090

TRAVEL - NANCY HOWARTH –609-587.5014

BUSY C'S

PRES. - SYLVIA CARROLL

VICE PRES.– MARGE SWANHART

SEC.– SALLY HOUGHTON

COR. SEC.– MARY LOU WEYAND

TREASURER– DIANE IONATA

CHAPLAIN - MARTHA GLAHN

TRAVEL - ROSEMARY SHANGLE - 609-403-6144

DOLORES SEBESTO— 609-882-5085

HOSPITALITY - KITTY ELDER—882-6370

CLUB D

PRES.– RALPH CSOGI

V. PRES.— EDWARD SMITH

SEC. BLANCHE FARBER

TREASURER - BARBARA MONINGHOFF

TRAVEL– JOAN BARRY

CORR. SEC.– JENNIE MARUCA-882-5985

MEMBERSHIP - RALPH CSOGI

CHAPLAIN – ED SMITH

HOLLOWBROOK SENIORS

PRES– FLORINE WARNER - 609-882-9324

V.PRES.-MARION FRAMBROUGH-609-530-1826

REC. SEC.— LORRAINE D. HALL-609-882-7564

ASST. REC. SEC. ROBERTA SUMNERS –609-882-0163

TREAS.-MARIAN BURROUGHS-609-882-1393

FINANCIAL SEC.– DAISY INMAN–609-695-5569

CHAPLAIN– DORA SMITH - 609–882-2254

EWING SENIOR OFFICE TEAM

OFFICE: 609-883-1776 X 6205

J. C. SPANN - SUPERVISOR—X-6206

KATHLEEN RAGOONATH—COMMUNITY RECREATION LEADER— X 6205

ANNE CHESLOCK– SECRETARY -X 6216

JUSTIN LATINI-VAN DRIVER/COORDINATOR

609-498-4931

Walking Program—Walk across America

How would you like to “walk across the U S with us?” Come join us for our Walking Program. We will be walking inside during the colder weather, and move outside during spring and summer. Interested? Call us at 609.883.1776 or stop in the Senior Office to sign up. We will then meet and select a time and day for our “walk across America challenge.” At the end of our journey, we will have a victory celebration!

CLUB D

Our February meeting was attended by 17 members, even after calling all of our members, to remind them of the meeting. Thank you Connie Ciricolo for taking the time to call everyone.

Joanne Barry has two bus trips planned in 2019:

- 1– Hunterdon Hills playhouse on Thursday, June 13, with the comedy show, “Over the River and Through the Woods.” The cost is \$65.
- 2- Doolan’s Shore Club on Wednesday, October 23 with the “Tribute to Frankie Valli and the Four Seasons” show. The cost is \$65.

For tickets and reservations, please call Joanne Barry at 609-895-1454 for information. A \$20 deposit is required to hold a seat and only refunded if a replacement is made.

We will be collecting our 2019 dues (\$10), at our March and April meetings.

Club officers will be the same for 2019, as no nominations for new officers were received.

We are planning to pay as you eat Pizza Party, for our April meeting. Call or see Pat Wojciechowski, 609-771-4245 for details.

We are always looking for suggestions for programs at our meetings so please try to attend the meetings to help us out and keep you informed with your Club D.

Club D March Birthdays: Joanne Barry– 3/6... Blanche Farber—3/26

R. Csogi, President

INTERNATIONAL COOKING

Come join us on Wednesday, March 6, 2019; 1-3 PM, as our “Culinary Wizard” whips up something very special!!! While you are dining on delicious food, we will be entertained by Ewing’s own “Ambience Duo.” ’

Why not make a full evening of it? You can hang out with us and receive your FREE ticket to see the Ewing High Musical: “Legally Blonde!”

Cost for International Cooking is just \$7 per person or \$12 a couple. Non-residents are invited to attend for a fee of \$12 per person! Contact the Senior Office at 609.883.1776

for more information.

BUSY "C" NEWSLETTER

Sylvia Carroll, Busy C's President, opened the meeting on Tuesday, February 19, 2019. She asked Don Cox to introduce our speaker of the day. Ewing Township Police Officers, Mike Pellegrino, gave a very informative talk on scams and burglaries going on in the township.

We were also able to ask question, and Mike Pellegrino gave some very good answers to them. Sylvia and Don thanked him for coming.

Martha Glahn led us prayer, Flag Salute and song.

Sally Houghton read minutes of the previous meeting. With a few corrections, the minutes were approved.

Diane Ionata gave the treasurer's report. Dues will continue to be collected until our March meeting.

A new list of all members will be made up and a copy will be distributed to all members.

Marge Swanhart reported 25 members present at the meeting. We were very happy to have four new members join Busy C's.

Mary Lou Wyland sent get well cards to Harriet Waranis and Diane Lindgrend. She also read the nominees for each officer for the new term, as they were all approved.

Sylvia Carroll reported that our By-laws need to be updated. This will be done at an Executive Board meeting in March and copies given to all members.

Sylvia Carroll apologized to Mary Bock, President of Live Wires, that she was mistaken in writing in the Newsletter that all members of Live Wires were not called about the cancellation of our merger. They were all called. So sorry, Mary.

Our Birthday Girl was Rosemary Shangle, but she gave her gift to the other February Birthday member Helen Mich.

The meeting was adjourned. Coffee, Cake and socialization followed.

CLUB A NEWSLETTER

We had no February meeting because of the snow storm.

Two trips have been scheduled for 2019. They are:

May 29, 2019 (Wednesday)- Dutch Apple Theatre

Show is "Camelot" - Cost \$65.00

November 26, 2019 (Tuesday) American Music Theatre

Lunch: Shady Maple

Show: Christmas Show 2019—Cost \$65

Please contact Jane Notta at 609-882-5380 for reservations.

At our January meeting, we had a new individual show interest in joining our club. Her name is Carol Suosso.

Thanks Sharon Leyden and Julie Gioscio for doing such a great job at our Christmas Party. Thanks to Mary Gatto, Emma Finan, and Lily Castor for supplying desserts at our January meeting.

Our speaker for our January meeting was on Elder Law. Thanks Sandi Mullaney for another great speaker.

Our March meeting will be our "Tea." The following people are supplying the food for the "Tea:" Jackie Kraus; Raisin Bread w/Cream Cheese, Jane Notta— Chicken Salad; Sharon Leyden-Tuna Salad; Mary Scannella—Egg Salad; Shirley Csercsevits— Ham Salad; Bill Johnson—Munchkins; Gerri Lau— Biscotti; Terri Lieggi—Cookies; Joe Csercsevits—Chocolate Strawberries; Ruth Mayer— Fruit (grapes).

Don't forget Club membership 2019 dues of \$10 are to be submitted at the next meeting. See you on Wednesday, March 20, 2019.-

Calling all seniors!!! -Have you ever been, or wanted to be a member of a senior club in ewing? Have you moved away? We are inviting you to return to the center and bring a friend with you!

Ewing Senior & Community Center - 8:30 AM - 4:30 PM—Monday

999 Lower Ferry Road

Ewing, NJ 08628



Gordon James has performed with Pieces of a Dream, Roy Ayres and Angela Bofill.

Senior Luncheon Show

“Crazy Sock Hop”

Featuring

Gordon James Duo

Friday, March 15, 2019; 12 Noon – 2 PM

Hollowbrook Community Center

Community Room

320 Hollowbrook Drive

Ewing, NJ 08638

Admission: \$7 per person/ \$12 Couple for Ewing Residents or

\$12 per person for Non-residents

Contact Senior Office at 609-883-1776

BRING OR WEAR YOUR CRAZY SOCKS!!!

AppleSeeds Group, CLC Ewing

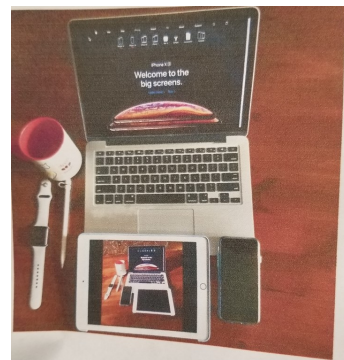
Do you have an Apple Mobile device such as an iPad, iPhone, iPod touch or Mac-Book? Do you have questions about using it, or would you like to learn more about what you can do with it? Are you thinking about getting one of these devices? Or maybe you are an experienced user, willing and eager to share your experiences about the useful fun things you like to do with it.

Come meet other Apple users and together we can all share our knowledge and experience with these devices, and learn about the useful, fun things we can do with them.

There will be no agenda and no presentation, but we hope that those attending will bring their experiences and stories about their devices that may benefit others in the group.

Our first meeting will be Thursday, March 14, 2019 at 2:00 pm.

These AppleSeeds Group meetings are open to all. There is no fee. If you are interested in Apple mobile devices, come and join us and share your experiences and perhaps, learn some new tricks. Registration is not necessary, but space is limited, so please email marykay138617@gmail.com by March 10th to say you plan to attend. This event is FREE and seating is limited.



CALLING **ALL** SENIORS!!!

HAVE YOU EVER BEEN, OR WANTED TO BE A MEMBER OF A SENIOR CLUB IN EWING? HAVE YOU MOVED AWAY?

WE ARE INVITING YOU TO RETURN TO THE CENTER AND CLUB MEETINGS ... BE SURE TO BRING A FRIEND WITH YOU!

Ewing Senior & Community Center * 8:30 AM - 4:30 PM—Monday *

999 Lower Ferry Road * Ewing, NJ 08628 * 609-883-1776 x 6205



ALTERNATIVE APPROACHES TO MANAGING PAIN

**Sponsored by
Prevention Resources, Inc. and
Mercer Council**

- **Learn about risks of prescription pain medications (opioids) such as Vicodin, Oxycontin, or Codeine.**
 - **Fine alternatives to pain management;
Acupuncture: Yoga, Physical Therapy, Chiropractic,
Message
and Meditation, etc.**
 - **Gain insights into Rx medicine misuse and safety.**
-

FREE WORKSHOP

TUESDAY, MARCH 12, 2019

12 NOON

EWING SENIOR & COMMUNITY CENTER

COMMUNITY ROOM

999 LOWER FERRY ROAD

EWING, NEW JERSEY 08628

SIGN UP IN THE SENIOR OFFICE BY STOPPING IN

OR CALL: 609-883-1776

LIGHT REFRESHMENTS WILL BE SERVED

**EWING SENIORS INVITE YOU
TO**

ATTEND THE

FREE

“HEALTHY AGING PROGRAM”

GUEST SPEAKER WILL BE

VALICIA RAFFERTY, LPN

FROM

LIFE ST. FRANCIS

WEDNESDAY, MARCH 20 2019

12 NOON

EWING SENIOR & COMMUNITY CENTER

999 LOWER FERRY ROAD

EWING, NEW JERSEY 08628

SIGN UP IN THE SENIOR OFFICE OR

CALL IN YOUR RESERVATIONS

AT 609-883-1776 X6206

LIGHT REFRESHMENTS

Hollowbrook Seniors

March 2019

Lorraine D. Hall, Reporter

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At our February 8th meeting, we recognized Black History Month by discussing the accomplishments of Black inventors and scientists. We again discussed trips for 2019; deciding to plan a trip to Hunterdon Hills Playhouse during this year. Details about the date and cost will be available when everything is finalized.

We have welcomed several new members this year, and hope that this trend will continue.

Our next meeting will be on Friday, March 8, 2019 at 1:00 pm. We will recognize Women's History Month at that meeting. REMINDER– March is the deadline month to pay dues for 2019. Please try to attend and bring any ideas for programs and trips, AND bring an friend.

**HOLLOWBROOK– MARCH BIRTHDAYS**

**3/7– Daisy Inman**

**3/7- Verlie Williams**

**3/27- Helen Price**

**3/29 - Katie Harvin**

**MARCH HOSPITALITY COMMITTEE**

**Charlotte Dash (609)771-6162**

**Katie Harvin—609-771-6795**

**Verlie Williams (609)77-9938**

**Lorraine D. Hall 609-882-7564**

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**March 10, 2019 - Daylight Saving Time Begins**

**March 17, 2019—St. Patrick's Day**

**May all the days of the rest of your life be the very best of your life.**


**Irish Blessing**

**March 20, 2019 - Spring Begins**

**Flowers always make people better, happier and more helpful:**

**They are sunshine, food and medicine to the soul.—Luther Burbank**

# MARCH MENU

| MONDAY                                                                                                                                                                                                                                         | TUESDAY                                                                                                                                                                                                       | WEDNESDAY                                                                                                                                                                                                                                                                                | THURSDAY                                                                                                                                                                                                                                                                                         | FRIDAY                                                                                                                                                                                                                                                                                                                                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <p style="text-align: center;">BRIAN M. HUGHES<br/>COUNTY EXECUTIVE</p>                                                                                      | <p>DAILY MEAL INCLUDES:<br/>MILK,<br/>MARGARINE AND<br/>HOT BEVERAGE</p> <p style="text-align: center;">MENU IS SUBJECT TO<br/>CHANGE WITHOUT<br/>NOTICE</p>                                                  |                                                                                                                                                                                                         |                                                                                                                                                                                                                | <p>1</p> <p style="text-align: center;">CHEESY CHICKEN</p> <p style="text-align: center;">ENCHILADA</p> <p style="text-align: center;">(CHICKEN, ONIONS, AND<br/>SHREDDED CHEESE)</p> <p style="text-align: center;">JUICE</p> <p style="text-align: center;">YELLOW RICE WITH BEANS</p> <p style="text-align: center;">SOFT TORTILLA</p> <p style="text-align: center;">MANDARIN ORANGES</p> |
| <p>4</p> <p>BROCCOLI &amp; CHEESE<br/>STUFFED CHICKEN<br/>ROASTED CHICKEN<br/>VEGETABLE SOUP<br/>SWEET POTATO<br/>CHUNKS<br/>MIXED VEGETABLES<br/>WHOLE WHEAT BREAD<br/>FRUITED JELLO</p>                                                      | <p>5</p> <p>BEEF STEW<br/>JUICE<br/>WIDE NOODLES<br/>BRUSSEL SPROUTS<br/>RYE BREAD<br/>OREO COOKIES</p>                                                                                                       | <p>6 <i>Ash Wednesday</i></p> <p>CHEESE FILLED<br/>TORTELLINI<br/>W/ALFREDO SAUCE<br/>AND PARMESAN CHEESE</p> <p>JUICE</p> <p>BROCCOLI</p> <p>DINNER ROLL</p> <p>BLACK AND WHITE<br/>COOKIE</p>                                                                                          | <p>7</p> <p>ITALIAN SAUSAGE/W<br/>TOMATO SAUCE<br/>JUICE</p> <p>ROASTED RED SKIN<br/>POTATOES</p> <p>PEPPERS AND ONIONS</p> <p>CLUB ROLL</p> <p>FIG BAR</p>                                                                                                                                      | <p>8</p> <p>OVEN BAKED FISH<br/>W/TARTAR SAUCE</p> <p>VEGETARIAN SPLIT PEA<br/>SOUP</p> <p>WILD &amp; BROWN RICE<br/>BLEND</p> <p>BUTTERNUT SQUASH</p> <p>WHOLE WHEAT DINNER<br/>ROLL</p> <p>PEACH YOGURT</p>                                                                                                                                                                                 |
| <p>11</p> <p>BEEF BURGER W/SWISS<br/>CHEESE, KETCHUP AND<br/>MUSTARD</p> <p>TURKEY RICE SOUP</p> <p>POTATO TRI-COLOR<br/>MEDLEY</p> <p>TOMATO, CUCUMBER<br/>AND ONION SALAD</p> <p>WHOLE WHEAT<br/>HAMBURGER BUN</p> <p>ICE CREAM SANDWICH</p> | <p>12</p> <p>ROASTED TURKEY W/<br/>GRAVY<br/>JUICE</p> <p>WHIPPED SWEET POTATOES</p> <p>CAULIFLOWER FLORETS</p> <p>PUMPERNICKEL AND<br/>RYE SWIRL BREAD</p> <p>OATMEAL COOKIE</p>                             | <p>13</p> <p>MEATBALLS IN<br/>TOMATO SAUCE</p> <p>W/PARMESAN CHEESE</p> <p>JUICE</p> <p>SPAGHETTI</p> <p>W/MARINARA SAUCE</p> <p>PEAS &amp; PEARL ONIONS</p> <p>ITALIAN BREAD</p> <p>APPLESAUCE</p>                                                                                      | <p>14 <i>St. Patrick's Day Celebration</i></p>  <p>CORNEB BEEF<br/>&amp;<br/>CABBAGE WEDGE<br/>W/MUSTARD<br/>JUICE</p> <p>BOILED POTATOES</p> <p>CARROT COINS</p> <p>IRISH SODA BREAD</p> <p>GREEN JELLO</p> | <p>15 <i>Fitness Friday</i></p> <p>TUNA SALAD</p> <p>VEGETARIAN</p> <p>VEGETABLE SOUP</p> <p>INDIVIDUAL BAG OF SUN<br/>CHIPS</p> <p>SALAD W/ ROMAINE</p> <p>LETTUCE CROUTONS PARMESAN CHEESE</p> <p>AND CREAMY ITALIAN<br/>DRESSING</p> <p>RYE BREAD (2) SLICES</p> <p>TANGERINE</p>                                                                                                          |
| <p>18 <i>Birthday Breakfast Celebration</i></p> <p>WESTERN OMELET</p> <p>W/(2) KETCHUP PACKETS</p> <p>ORANGE JUICE</p> <p>SAUSAGE LINKS</p> <p>HASH BROWN W/(2)</p> <p>KETCHUP PACKETS</p> <p>WHOLE WHEAT BREAD</p> <p>FRUIT COCKTAIL</p>      | <p>19 <i>Advisory Council Meeting @ Hollowbrook/Ewing</i></p> <p>MEATLOAF</p> <p>W/MUSHROOM BROWN<br/>GRAVY<br/>JUICE</p> <p>MASHED POTATOES</p> <p>GREEN BEANS</p> <p>DINNER ROLL</p> <p>GRAHAM CRACKERS</p> | <p>20 <i>Start Of Spring</i></p> <p>TURKEY AND<br/>PROVOLONE CHEESE<br/>SANDWICH W/MAYO &amp;<br/>MUSTARD</p> <p>BEEF AND BARLEY SOUP</p> <p>POTATO SALAD</p> <p>BET AND ONION<br/>SALAD</p> <p>RYE BREAD (2) SLICES</p> <p>FRESH ORANGE</p>                                             | <p>21</p> <p>BEEF CHILI W/ BEANS<br/>JUICE</p> <p>BROWN RICE</p> <p>WINTER BLEND</p> <p>VEGETABLES</p> <p>PUMPERNICKEL<br/>BREAD</p> <p>LEMON BAR</p>                                                                                                                                            | <p>22</p> <p>CRAB CAKES W/<br/>TARTAR SAUCE</p> <p>CORN CHOWDER</p> <p>MACARONI AND CHEESE</p> <p>STEW TOMATOES</p> <p>RYE BREAD</p> <p>CHOCOLATE PUDDING</p>                                                                                                                                                                                                                                 |
| <p>25</p> <p>CHICKEN POT PIE<br/>JUICE</p> <p>SPINACH SALAD W/<br/>SHREDDED CARROTS &amp;<br/>DRIED CRANBERRIES</p> <p>NON-FAT RASPBERRY<br/>SALAD DRESSING</p> <p>MUFFIN</p> <p>FRESH APPLE SLICES</p>                                        | <p>26</p> <p>BEEF &amp; BROCCOLI<br/>W/TERIYAKI SAUCE<br/>JUICE</p> <p>LO MEIN W/TERIYAKI<br/>SAUCE</p> <p>ORIENTAL VEGETABLES</p> <p>RYE BREAD</p> <p>ORANGE SHERBET</p>                                     | <p>27 <i>Super Wednesday</i><br/>(SOUP &amp; SANDWICH)</p> <p>WARM GRILLED<br/>CHICKEN BREAST AND<br/>PROVOLONE CHEESE</p> <p>W/ MAYO &amp; KETCHUP</p> <p>MINSTRONE SOUP</p> <p>MACARONI SALAD</p> <p>LETTUCE &amp; TOMATO<br/>SLICE</p> <p>HAMBURGER ROLL</p> <p>PINEAPPLE TIDBITS</p> | <p>28</p> <p>BREADED PORK CHOP<br/>WITHOUT GRAVY<br/>JUICE</p> <p>CONFETTI RICE</p> <p>SPINACH</p> <p>DINNER ROLL</p> <p>BROWNIE</p>                                                                                                                                                             | <p>29</p> <p>EGGPLANT ROLLATINI<br/>W/TOMATO SAUCE AND<br/>PARMESAN CHEESE</p> <p>LENTIL SOUP</p> <p>PENNE PASTA<br/>W/MARINARA SAUCE</p> <p>FLAT ITALIAN GREEN<br/>BEANS</p> <p>ITALIAN BREAD</p> <p>GRANOLA BAR</p>                                                                                                                                                                         |

# March 2019

| Sun                                                                                                                            | Mon                                                                                       | Tue                                                                                                                                              | Wed                                                                                                                                                          | Thu                                                                                                                                                                       | Fri                                                                                                                                                   | Sat                                                                                  |
|--------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <b>ESCC</b><br>EWING SENIOR CENTER & COMMUNITY CENTER<br>609-883-1776<br>*****J.C<br>. SPANN-SUPERVISOR<br>SR. DIVISION X 6206 | HB- HOLLOWBROOK COMMUNITY CENTER<br>320 HOLLOWBROOK DR<br>EWING, NJ 08628<br>609-883-1199 | <u>TRANSPORT</u><br>JUSTIN LATINI<br>609-498-4931<br>TRADE<br>609-530-1971                                                                       | MERCER COUNTY NUTRITION PROGRAM<br>MS. WANDA<br>609-331-5652<br>320 HOLLOWBROOK DR<br>EWING, NJ 08620                                                        | PRAB OUTREACH REP<br>10:00-2:00PM<br>RM#203                                                                                                                               | 1                                                                                                                                                     | 2                                                                                    |
| 3<br>SENIOR CENTER CLOSED<br>EXCEPT FOR POOL SHARKS<br>9:15-5PM                                                                | 4<br>8:30 POOL SHARKS<br>10:00 EXERCISE- <b>ESCC</b><br>1-3 BINGO- <b>ESCC</b>            | 5 <u>LIVE WIRES 11:00AM</u><br>8:30 POOL SHARKS<br>9:30 KNITTING<br>9:30 <b>NO EXERCISE-HB</b><br>10:00 PINOCHLE<br>1:00 RUMMIKUB<br>1:00 SEWING | 6 <u>INT'L COOKING 1-3PM</u><br>8:30 POOL SHARKS<br>9:00 ART/WATERCOLOR<br>12:30 BIBLE STUDY                                                                 | 7 <u>CLUB D 11:00AM</u><br>8:30 POOL SHARKS/12:30 LUNCHEON #205<br>10:00 EXERCISE-HB<br>12-2 <b>BALANCE CLASS #3</b><br>12:30 PINOCHLE<br>1:00 BID WHIST<br>1:00 SEWING   | 8 <u>HB SENIORS 1:00PM</u><br>8:30 POOL SHARKS<br>9:30-11 LINE DANCING<br><b>REHEARSAL-HB</b><br>1:00 MAJONG                                          | 9<br>9:15-5PM POOL SHARKS<br>9:15-10:15AM RM 201-202<br><b>ACTIVE CHAIR YOGA-HB</b>  |
| 10<br>SENIOR CENTER CLOSED<br>EXCEPT FOR POOL SHARKS<br>9:15-5PM                                                               | 11<br>8:30 POOL SHARKS<br>10:00 EXERCISE- <b>ESCC</b><br>1-3 BINGO- <b>ESCC</b>           | 12<br>8:30 POOL SHARKS<br>9:30 KNITTING<br>9:30 EXERCISE-HB<br>10:00 PINOCHLE<br>1:00 RUMMIKUB<br>1:00 SEWING                                    | 13<br>8:30 POOL SHARKS<br>9:00 ART/WATERCOLOR<br>12:30 BIBLE STUDY<br>1:00 JEWELRY/CRAFT                                                                     | 14 <u>AARP 9-3PM/BRD RM</u><br>8:30 POOL SHARKS<br>10:00 EXERCISE- <b>ESCC</b><br>12-2 BALANCE CLASS<br>12:30 PINOCHLE<br>1:00 BID WHIST<br>1:00 SEWING                   | 15<br><b>SR. LUNCHEON SHOW</b><br>12-2-HB<br>"GORDON JAMES (SOCK HOP) & YOUNG AT HEART DANCERS..... \$7/\$12 PP OR COUPLE FOR NON-RESIDENT            | 16<br>9:15-5PM POOL SHARKS<br>9:15-10:15AM RM 201-202<br><b>ACTIVE CHAIR YOGA-HB</b> |
| 17 <u>ST. PATRICK'S DAY</u><br>SENIOR CENTER CLOSED<br>EXCEPT FOR POOL SHARKS<br>9:15-5PM                                      | 18<br>8:30 POOL SHARKS<br>10:00 EXERCISE- <b>ESCC</b><br>1-3 BINGO- <b>ESCC</b>           | 19 <u>BUSY C'S 11:00 AM</u><br>8:30 POOL SHARKS<br>9:30 KNITTING<br>9:30 EXERCISE-HB<br>10:00 PINOCHLE<br>1:00 RUMMIKUB<br>1:00 SEWING           | 20 <u>CLUB A 11:00 AM</u><br><b>HEALTHY AGING PROGRAM COMMUNITY RM</b><br>8:30 POOL SHARKS<br>9:00 ART/WATERCOLOR<br>12:30 BIBLE STUDY<br>1:00 JEWELRY/CRAFT | 21 <u>SCAC 9:30AM EX.10:00</u><br>8:30 POOL SHARKS/12:30 LUNCHEON<br>10:00 EXERCISE- <b>ESCC</b><br>12-2 BALANCE CLASS<br>12:30 PINOCHLE<br>1:00 BID WHIST<br>1:00 SEWING | 22<br>8:30 POOL SHARKS<br>9:30-11 LINE DANCING<br><b>ESCC</b><br>1:00 MAJONG                                                                          | 23<br>9:15-5PM POOL SHARKS<br>9:15-10:15AM RM201-202<br><b>ACTIVE CHAIR YOGA-HB</b>  |
| 24<br>SENIOR CENTER CLOSED<br>EXCEPT FOR POOL SHARKS<br>9:15-5PM                                                               | 25<br>8:30 POOL SHARKS<br>10:00 EXERCISE- <b>ESCC</b><br>1-3PM BINGO- <b>ESCC</b>         | 26<br>8:30 POOL SHARKS<br>9:30 KNITTING<br>9:30 EXERCISE-HB<br>10:00 PINOCHLE<br>1:00 RUMMIKUB<br>1:00 SEWING                                    | 27 <u>CLC STAFF MTG 10:30</u><br>8:30 POOL SHARKS<br>9:00 ART/WATERCOLOR<br>12:30 BIBLE STUDY<br>1:00 JEWELRY/CRAFT                                          | 28<br>8:30 POOL SHARKS<br>10:00 EXERCISE- <b>ESCC</b><br>12-2 BALANCE CLASS<br>12:30 PINOCHLE<br>1:00 BID WHIST<br>1:00 SEWING                                            | 29<br>8:30 POOL SHARKS<br>9:30-11 LINE DANCING<br><b>ESCC</b><br>1:00 MAJONG                                                                          | 30<br>9:15-5PM POOL SHARKS<br>9:15-10:15AM RM 201-202<br><b>ACTIVE CHAIR YOGA-HB</b> |
| 31<br>SENIOR CENTER CLOSED<br>EXCEPT FOR POOL SHARKS<br>9:15-5PM                                                               |                                                                                           |                                                                                                                                                  | EWING HIGH SCHOOL<br>PLAY 6:00PM<br>MARCH 6TH<br>TICKETS AVAILABLE<br>SENIOR OFFICE 8:30-4:30PM                                                              | BALANCE CLASS<br>3RD SESSION<br><b>BEGINS 03/7/2019</b>                                                                                                                   | Sign up for <b>Healthy Aging</b><br>Class - <b>Free</b><br>12 Noon<br>Wed., March 20th<br>ESCC Com Room<br>Refreshments served<br>609.883.1776 x 6205 |                                                                                      |