



Ewing Township

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Mayor Steinmann, the Ewing Township Board of Health and Health Department would like to remind you that May is Tick-borne Disease Awareness Month. DYK in 2018, there were 4,000 reported Lyme disease cases in New Jersey (the second highest number of cases reported in the nation that year)? Get prevention information about Lyme disease and other tick-borne diseases here. #targetticksnj #healthynj

- May is tick-borne disease awareness month. DYK ticks can be as small as a poppy seed? Try to spot the 5 ticks in this photo! Get tick information and resources here. #targetticksnj #healthynj

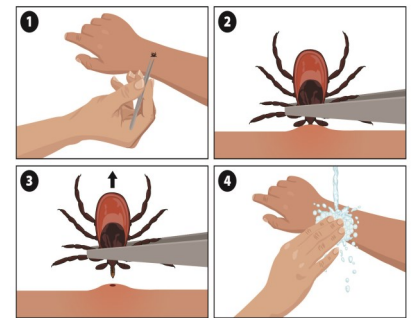


- Ticks don't practice physical distancing! Make sure to do a tick check and shower soon after being outside to prevent tick-borne diseases. Get tick information and resources here. #targetticksnj #healthynj



- To prevent Lyme disease and other tick-borne diseases, it is important to avoid tick bites. Wear long sleeves and pants, use insect repellent, and perform tick checks. Learn more here. #targetticksnj #healthynj

- Found an attached #tick? Don't panic! Use fine-tipped tweezers to grasp the tick as close to the skin's surface as possible. Pull upward with steady pressure. After removing the tick, clean the bite area and your hands with rubbing alcohol or soap and water. Get additional information and resources here. #targetticksnj #healthynj



- Feeling cooped up? Take your dog for a walk! Remember to check yourself and your dog for ticks when you get back home. Get prevention information about Lyme disease and other tick-borne diseases here. #targetticksnj #healthynj

- Staying home can help stop the spread of COVID-19, but #DYK it's tick season in NJ? Keep yourself and your family healthy with a clean yard: mow lawns, clear brush and remove leaf litter. Check out this video for more tick safety tips. #TargetTicksNJ #HealthyNJ

- If you have symptoms of a tick-borne disease such as fever, headache, fatigue, muscle aches or rash, call your health care provider to see if telemedicine can save you a trip to the office. Learn more about symptoms from CDC and get tick information and resources here. #TargetTicksNJ #HealthyNJ

