

EWING SENIORS JANUARY 2024



INTERNATIONAL PROGRAM

"HOME FOR THE HOLIDAYS"

JANUARY 19TH 12-2PM

HOLLOWBROOK COMMUNITY CENTER
TICKETS ARE AVAILABLE SENIOR OFFICE

- SIGN UP NO LATER 1/15

\$8pp/\$13couple

HOLIDAY PACKAGES

Thanks to the generosity of our seniors, the residents of a local nursing home had a happier holiday. They each had Christmas cards to send to family and friends.

We filled over fifty large holiday bags with all kinds of new, usable items, plus thirty-five hand knitted or crocheted lap robes, shawls and throws.

Thanks, to everyone involved, as the contributors, or distributors. We already have a start for next year's collection.

~ Sandy Mullaney



" Our scientific power has out-run our spiritual power. We have guided missiles and misguided men."

~ Dr. Martin Luther King ,Jr.

NOTICE: Please be advised that starting **February 2024**, admission fee will increase for all senior events. The new cost will be:

\$9.00 per person \$14.00 per couple

SHIP COUNSELOR

State Health Ins. Asst. Program

Available Friday Mornings

By Appointments Only

Contact Senior Department

609-883-1776 x 6216

Senior Exercise Classes

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Senior Exercise with Karen Martin 10am-11am</p> 	 <p>Senior Exercise with Karen Martin 10am-11am</p>	<p>Chair Yoga with Lisa Caruso 9am-10am</p>  <p>Zumba with Liz Allen 1pm-2pm</p> 	<p>Senior Exercise with Karen Martin 10am-11am</p>  <p>Balance with Bob Kirby 1pm-2pm</p>	<p>Line Dancing with Joanne Keephart 9:30am-11am</p> <p>Tai Chi with Liz Allen 12:30pm-1:30pm</p> <p>Circuit Training with Jeff Prunetti 2pm-3pm</p>

To inquire or register, please stop by or call the

Senior Department at 609-883-1776 x6205 or

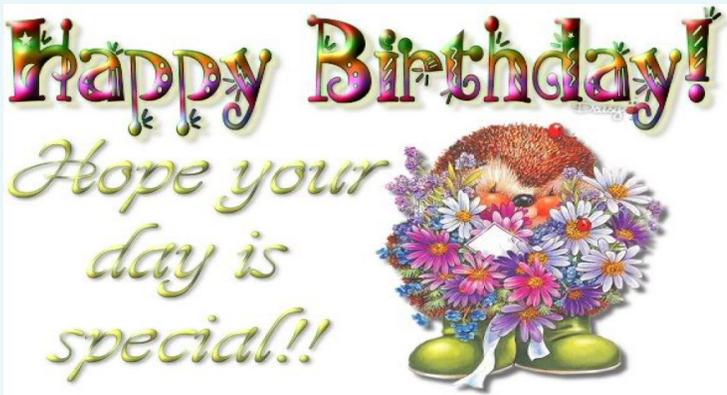
visit **Room 207** on the 2nd floor at 320 Hollowbrook Drive, Ewing NJ 08638

All classes held in the Community Room at Hollowbrook Community Center

Hollowbrook Seniors News 2024

Eighteen of our members attended Christmas luncheon on December 8th. It was held at Sal De Forte's Restaurant on Parkway Avenue. Four lucky members won the poinsettia's on the table.

Our next meeting will be held on Friday, January 12th at 1:00 PM. At that time we will be discussing programs and trips for 2024.



*Patricia Weeks
1/27*

Happy New Year!

“Cheers to another new year and another chance for us to get it right.”

~ Oprah Winfrey

BUSY "C" NEWS 2024

December 19, 2023 meeting was held at Momma Florio's,

Sylvia Carroll dispensed with the formal meeting as this was our Christmas luncheon.

Prayer was said and a moment of silence in honor of Don Cox and then we all enjoyed a great lunch.

We celebrated by singing "Happy Birthday" to Betty Donnelly and Marge Swanhardt, and enjoyed cake, coffee and socialization.

Sylvia wished everyone a Merry Christmas and Happy New Year, see everyone on January 16th 2024 at 10:30AM.



WORK SHOP

SIGN UP SENIOR OFFICE



**Senior Medicare Patrol
Free Service Provide by your
tax dollars.**

DON'T BE A VICTIM

**Become educated on how to protect your-
self against**

**Medicare/Medicaid fraud, waste and
abuse.**

Learn how to save MONEY!!!

Where : Hollowbrook Senior Center 320 Hollowbrook Road

When Friday Feb. 2, 2024 @ 10:30 AM

**Guest Speaker: Joel Schneider
SMP Outreach Specialist**

Get Important info on OPEN ENROLLMENT

ZUMBA- WEDNESDAY'S 1:00PM

TAI CHI- FRIDAY'S 12:30 PM

January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
HB HOLLOWBROOK COMMUNITY CENTER 320 HOLLOWBROOK DR EWING , NJ 08638	1 NEW YEAR'S DAY SENIOR CENTER CLOSED	2 10:00 EXERCISE- COMM RM 12:30 BINGO- COMM RM	3 9:00 CHAIR YOGA-COMM RM 9:30 KNITTING/ CROCHET #201 1:00 ZUMBA- COMM RM 1:00 MEXICAN TRAIN 5 CROWN CARDS - #205	4 <u>CLUB D 11:00AM # 201</u> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- #205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/ 202 1:00 PINOCHLE- MCL (EWING)	5 9:30 LINE DANCING- COMM RM 12:30 TAI CHI- COMM RM 2:00 CIRCUIT TRAINING- COMM RM	6 SENIOR CENTER CLOSED
7 SENIOR CENTER CLOSED	8 10:00 EXERCISE -COMM RM 1:00 JEWELRY/ CRAFT- #201	9 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY- # 201 12:30 BINGO- COMM RM	10 9:00 CHAIR YOGA-COMM RM 9:30 KNITTING/ CROCHET #201 1:00 ZUMBA- COMM RM 1:00 MEXICAN TRAIN 5 CROWN CARDS - #205 2:00 MAHJONGG- # 201/ 202	11 <u>LIVEWIRES 11:00AM #201</u> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- #205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/ 202 1:00 PINOCHLE- MCL (EWING)	12 <u>HB SENIORS 1:00PM #201</u> 9:30 LINE DANCING- COMM RM 12:30 TAI CHI- COMM RM 2:00 CIRCUIT TRAINING- COMM RM	13 SENIOR CENTER CLOSED
14 SENIOR CENTER CLOSED	15 MARTIN LUTHER KING JR DAY SENIOR CENTER CLOSED	16 <u>BUSY "C'S 11:00AM #201</u> 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY- # 201 12:30 BINGO- COMM RM	17 9:00 CHAIR YOGA-COMM RM 9:30 KNITTING/ CROCHET #201 1:00 ZUMBA- COMM RM 1:00 MEXICAN TRAIN 5 CROWN CARDS - #205	18 <u>SCAC REORG MTG 12 NOON RM. #201</u> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- #205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/ 202 1:00 PINOCHLE- MCL (EWING)	19 TAI CHI- CANCELLED CIRCUIT TRAINING-CANCELLED 9:30 LINE DANCING- 201-202 INTERNATIONAL COOKING "HOME FOR THE HOLIDAYS" 12-2 PM \$ 8 COUPLE / \$13 PP	20 SENIOR CENTER CLOSED
21 SENIOR CENTER CLOSED	22 10:00 EXERCISE -COMM RM 12:00 SENIOR TECH- LAB 1:00 JEWELRY/ CRAFT- #201	23 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY- # 201 12:30 BINGO- COMM RM (special)	24 9:00 CHAIR YOGA-COMM RM 9:30 KNITTING/ CROCHET #201 1:00 ZUMBA- COMM RM 1:00 MEXICAN TRAIN 5 CROWN CARDS - #205 2:00 MAHJONGG- # 201/ 202	25 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- #205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/ 202 1:00 PINOCHLE- MCL (EWING)	26 9:30 LINE DANCING- COMM RM 12:30 TAI CHI- COMM RM 2:00 CIRCUIT TRAINING- COMM RM	27 SENIOR CENTER CLOSED
28 SENIOR CENTER CLOSED	29 10:00 EXERCISE -COMM RM 1:00 JEWELRY/ CRAFT- #201	30 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY- # 201 12:30 BINGO- COMM RM	31 9:00 CHAIR YOGA-COMM RM 9:30 KNITTING/ CROCHET #201 1:00 ZUMBA- COMM RM 1:00 MEXICAN TRAIN 5 CROWN CARDS - #205 2:00 MAHJONGG- # 201/ 202	<u>TRANSPORTATION</u> JUSTIN LATINI 609-498-4931 TRADE 609-530-1971	MERCER COUNTY NUTRITION CENTER 609-883-4150	SENIOR OFFICE 609-883-1776 X 6205 2ND FL RM# 207 RECREATION X 6206 2ND FL RM # 208

CALENDAR SUBJECT TO CHANGE

WATERCOLOR WEDNESDAY'S
 10:30-1PM MCL- EWING

EWING SENIOR CLUB OFFICERS

HOLLOWBROOK SENIORS

- PRESIDENT....Florine Warner 609-882-9324
- RECORDING SEC....Lorraine D. Hall-609-882-7564
- FINANCIAL SEC....Carol Sumners....609-587-5014
- TREASURER....Marion Burroughs....609-882-1393
- CHAPLAIN....Dora Smith....609-883-2254

LIVE WIRES

- PRESIDENT....Mary Bock 609-882-0704
- CHAPLAIN.... Dolores Deblasio 609-882-6637
- SECRETARY....Carol Flanders 609-882-4915
- TRAVEL.... Nancy Howarth 609-587-5014

BUSY "C"

- PRESIDENT....Sylvia Carroll 609-882-0723
- VICE PRESIDENT....Marge Swanhardt 609-882-9111
- SECRETARY....Kitty Elder 609-882-6370
- TREASURER....Netti Krolikowski 609-538-9214
- PROGRAM CHAIR PERSON....Don Cox 609-882-4102

CLUB D

- PRESIDENT....Ralph Csogi 267-568-2985
- VICE PRESIDENT....Edward Smith 609-882-6972
- TREASURER....Barbara Moninghoff 609-915-9093
- SECRETARY....Barbara Moninghoff 609-915-9093
- CORR. SEC..... Joanne Dressler 609-882-8085

EWING SENIOR OFFICE TEAM

609-883-1776

Kathleen Ragoonath- Supervisor (x 6206)

Anne Cheslock- Secretary (x 6216)

Sonya Pritchett- Secretary (x 6205)

Justin Latini- Van Driver 609-498-4931



Newsletter Can Be Found On The Township's Web Page
Go To: www.ewingnj.org