



***SENIOR BRUNCH***

*February 16th*

*11:30-1:30pm*

*Featuring :*

*DJ- Smitty*

*Tickets available senior office*

" It's only when you hitch your wagon to something larger than yourself that you realize your true potential."

-President Barack Obama

**SHIP COUNSELOR**

State Health Ins. Asst. Program

*Available Friday Mornings*

*By Appointments Only*

Contact Senior Department



" One word frees us of all the weight and pain of life: That word is LOVE!"

- Sophocles





IT'S THAT TIME AGAIN!!, JOIN US FOR OUR

**\*SPRING BUS TRIP\***

TO **\*THE SHORE CLUB\*** (DOOLAN'S SPRING LAKE)

CELEBRATING ST. PATRICK'S DAY

**TUESDAY MARCH 5, 2024**

LUNCH, DANCING, LAUGHTER AND LOTS OF FUN!

**\$65.00 PER PERSON (NON REFUNDABLE)**

MENU TO FOLLOW

TICKETS CAN BE PURCHASED AT THE SENIOR OFFICE

HOLLOWBROOK, 2ND FLOOR, ROOM 207

609-883-1776 SONYA X 6205

ANNE X 6216

# *HOLLOWBROOK SENIORS NEWS 2024*

*Our initial meeting for 2024 was held on Friday, January 12, 2024. We discussed ideas for this year including possible trips, a summer picnic, community projects, and ideas for upcoming meetings.*

*Members were reminded that dues will be collected for 2024. We plan to reach out to former members to encourage them to become active again, and to welcome new members.*

*Next meeting will be held on Friday, February 9th at 1:00p.m. We will be celebrating “Black History Month.”*

*February 14th - Birthday of Frederick Douglass  
An African American statesman, abolitionist, orator, newspaper publisher and author.*

*“If there is no struggle, there is no progress!”*

*Lorraine D. Hall- Reporter*

## CLUB D NEWS

*In January we did not officially meet. We held a club officer meeting to discuss nominate new officers, such as ( **Treasurer & Recording Secretary** ). We decided to wait until our February 1st meeting, also we discussed encouraging new members to join our club.*

*Tula Arland- Presi-*



## Senior Exercise Classes

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Senior Exercise</b> with Karen Martin 10am-11am</p> 	 <p><b>Senior Exercise</b> with Karen Martin 10am-11am</p>	<p><b>Chair Yoga</b> with Lisa Caruso 9am-10am</p>  <p><b>Zumba</b> with Liz Allen 1pm-2pm</p> 	<p><b>Senior Exercise</b> with Karen Martin 10am-11am</p>  <p><b>Balance</b> with Bob Kirby 1pm-2pm</p>	<p><b>Line Dancing</b> with Joanne Keephart 9:30am-11am</p> <p><b>Tai Chi</b> with Liz Allen 12:30pm-1:30pm</p> <p><b>Circuit Training</b> with Jeff Prunetti 2pm-3pm</p>

To inquire or register, please stop by or call the  
Senior Department at **609-883-1776 x6205** or

visit **Room 207** on the 2nd floor at 320 Hollowbrook Drive, Ewing NJ 08638

\*All classes held in the **Community Room at Hollowbrook Community Center**\*



AARP TAX-AIDE

# Tax Help Available

**Mondays, February 5, 2024-April 15, 2024**  
**9:30 am - 12:00 pm**

**Get your taxes done for free.**

Free tax help for most individuals is available from qualified accountants with the AARP. This program is open to taxpayers of all ages and AARP membership is not required.

**Appointments are required** and pre-appointment packets must be picked up and filled out prior to appointments.

To make an appointment please visit the Hollowbrook Branch or call 609-883-5914.



**Hollowbrook Branch**

320 Hollowbrook Drive  
Ewing, New Jersey 08638 | 609-883-5914  
[www.mcl.org](http://www.mcl.org)



# February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>HB</b> <b>HOLLOWBROOK</b> <b>COMMUNITY CENTER</b> 320 HOLLOWBROOK DR EWING, NJ 08638 609-883-1776	<b>SENIOR OFFICE</b> 609-883-1776 X 6205 OR 6216 <b>2ND FLOOR RM # 207</b>	<b>RECREATION OFFICE</b> 609-883-1776 X 6202 <b>2ND FLOOR RM # 208</b>	<b>WATERCOLOR</b> <b>WEDNESDAY'S</b> 10:30-1:00PM <b>MCL-EWING BRANCH</b>	<b>1</b> <u>CLUB D 11:00AM # 201</u> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202 1:00 PINOCHLE- MCL-EWING BRANCH	<b>2</b> <u>MEDICARE PATROL WORKSHOP 10:30AM #201</u> 9:30 LINE DANCING-COMM RM 12:30 TAI CHI- COMM RM 2:00 CIRCUIT TRAINING- COMM RM <b>GROUNDHOG DAY</b>	<b>3</b> SENIOR CENTER CLOSED
<b>4</b> SENIOR CENTER CLOSED	<b>5</b> 10:00 EXERCISE- COMM RM 1:00 JEWELRY/ CRAFT- 201	<b>6</b> 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY- #201 12:30 BINGO- COMM RM	<b>7</b> 9:00 CHAIR YOGA- COMM RM 9:00 KNITTING/ CROCHET- 201 1:00 ZUMBA- COMM RM 1:00 MEXICAN TRAIN- 205 5-CROWN 2:00 MAHJONGG- 201/202	<b>8</b> <u>LIVEWIRES 11:00AM # 201</u> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202 1:00 PINOCHLE- MCL-EWING BRANCH	<b>9</b> <u>HB SENIORS 1:00PM # 201</u> 9:30 LINE DANCING-COMM RM 12:30 TAI CHI- COMM RM 2:00 CIRCUIT TRAINING- COMM RM	<b>10</b> <u>CHINESE NEW YEAR</u> SENIOR CENTER CLOSED
<b>11</b> SENIOR CENTER CLOSED	<b>12</b> 10:00 EXERCISE- COMM RM 1:00 JEWELRY/ CRAFT- 201	<b>13</b> 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY- #201 12:30 BINGO- COMM RM	<b>14</b> <u>VALENTINE'S DAY</u> <u>ASH WEDNESDAY</u> 9:00 CHAIR YOGA- COMM RM 9:00 KNITTING/ CROCHET- 201 1:00 ZUMBA- COMM RM 1:00 MEXICAN TRAIN- 205 5-CROWN 2:00 MAHJONGG- 201/202	<b>15</b> <u>SCAC 10:00AM #201</u> <u>OPEN PUBLIC MTG</u> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202 1:00 PINOCHLE- MCL-EWING BRANCH	<b>16</b> <u>9:30 LINE DANCING- # 201</u> <u>12:30 TAI CHI- # 201</u> <u>CIRCUIT TRAINING- CANCELLED</u> SENIOR BRUNCH 11:30-1:30PM COMM RM FEATURING "DJ SMITTY " & YOUNG AT HEART DANCERS \$9.00 PP/ \$14.00 COUPLE	<b>17</b> SENIOR CENTER CLOSED
<b>18</b> SENIOR CENTER CLOSED	<b>19</b> <b>PRESIDENT'S DAY</b> <b>SENIOR CENTER</b> <b>CLOSED</b>	<b>20</b> <u>BUSY C'S 11:00AM #201</u> 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY- #201 12:30 BINGO- COMM RM	<b>21</b> 9:00 CHAIR YOGA- COMM RM 9:00 KNITTING/ CROCHET- 201 1:00 ZUMBA- COMM RM 1:00 MEXICAN TRAIN- 205 5-CROWN 2:00 MAHJONGG- 201/202	<b>22</b> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202 1:00 PINOCHLE- MCL-EWING BRANCH	<b>23</b> 9:30 LINE DANCING-COMM RM 12:30 TAI CHI- COMM RM 2:00 CIRCUIT TRAINING- COMM RM	<b>24</b> SENIOR CENTER CLOSED
<b>25</b> SENIOR CENTER CLOSED	<b>26</b> 10:00 EXERCISE- COMM RM 1:00 JEWELRY/ CRAFT- 201	<b>27</b> 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY- #201 12:30 BINGO- COMM RM	<b>28</b> 9:00 CHAIR YOGA- COMM RM 9:00 KNITTING/ CROCHET- 201 1:00 ZUMBA- COMM RM 1:00 MEXICAN TRAIN- 205 5-CROWN 2:00 MAHJONGG- 201/202	<b>29</b> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202 1:00 PINOCHLE- MCL-EWING BRANCH	<u>TRANSPORTATION</u> JUSTIN LATINI- VAN DRIVER 609- 498-4931 TRADE 609-530-1971	<b>MERCER COUNTY</b> <b>NUTRITION CENTER</b> <b>SITE MANAGER</b> <b>Mr. Aaron</b> 320 HOLLOWBROOK DR EWING, NJ 08638 609-883-4150

CALENDAR SUBJECT TO CHANGE

## EWING SENIOR CLUB OFFICERS

### HOLLOWBROOK SENIORS

- PRESIDENT....Florine Warner 609-882-9324
- RECORDING SEC....Lorraine D. Hall-609-882-7564
- FINANCIAL SEC....Carol Summers....609-587-5014
- TREASURER....Marion Burroughs....609-882-1393
- CHAPLAIN....Dora Smith....609-883-2254

### LIVE WIRES

- PRESIDENT....Mary Bock 609-882-0704
- CHAPLAIN.... Dolores Deblasio 609-882-6637
- SECRETARY....Carol Flanders 609-882-4915
- TRAVEL.... Nancy Howarth 609-587-5014

### BUSY "C"

- PRESIDENT....Sylvia Carroll 609-882-0723
- VICE PRE SIDENT....Marge Swanhardt 609-882-9111
- SECRETARY....Kitty Elder 609-882-6370
- TREASURER....Netti Krolikowski 609-538-9214
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### CLUB D

- PRESIDENT....Tula Arland 609-883-5938
- VICE PRE SIDENT....Edward Smith 609-882-6972
- TREASURER....
- SECRETARY....
- CORR. SEC..... Joanne Dressler 609-882-8085
- TRAVEL....

## EWING SENIOR OFFICE TEAM

609-883-1776

- Kathleen Ragoonath- Supervisor ( x 6206 )  
Anne Cheslock- Secretary ( x 6216 )  
Sonya Pritchett- Secretary ( x 6205 )  
Justin Latini- Van Driver 609-498-4931



Newsletter Can Be Found On The Township's Web Page  
Go To: [www.ewingnj.org](http://www.ewingnj.org)